

## **San Luis Obispo Lodging**

Garden Street Inn <http://gardenstreetinn.com/> Beautiful bed & breakfast in downtown SLO, 6 block walk to the yoga studio.

Travel Lodge <http://www.travelodgeslo.com/> Clean, simple hotel in downtown SLO, across the street from the yoga studio.

Hostel Obispo <http://www.hostelobispo.com/> Basic hostel in downtown SLO, with some private rooms available, 10 block walk to the yoga studio.

The Sanitarium <http://www.thesanitariumspa.com/> Beautiful bed & breakfast in downtown SLO, 10 block walk to the yoga studio.

There are many other hotels and B&B's but these are the ones that are easy walking distance to the studio. For other accommodation options, visit: <http://www.sanluisobispo.com/listings/index.cfm?catId=1>

## **Getting There**

To fly to SLO, there are three international airports that have direct flights. Phoenix, AZ has direct flights on US Airways, San Francisco and Los Angeles, CA have direct flights on United.

Also, you can take AMTRAK from LA with daily trains which take about 5 hours but it is a very beautiful journey up the coast. To get a shuttle from LAX to Union Station in downtown LA, go to [http://www.lawa.org/welcome\\_LAX.aspx?id=292](http://www.lawa.org/welcome_LAX.aspx?id=292)

From the train station in SLO, the Hostel is 1 block walking distance away. To get to the other hotels above, you would need to take a taxi. For a list of taxi companies go to <http://www.superpages.com/yellowpages/C-Taxicab+Services/S-CA/T-San+Luis+Obispo/>